

Self-Assessment Form

(for excused and unexcused absences)

- Watch the video of yourself playing all pieces from the missed performance.
 - Make sure a metronome was used (and audible) in the video.
 - If there are tempo changes in the piece, it is okay to pause, change the metronome speed, and resume performing.
 - Make sure you are visible in the video.

Name: _____ Date: _____

After watching your make-up performance video, fill in the rating scale below:

Category	Description	Points Possible	Points Given
Tone Quality	controlled sound, characteristic sound	0-15	
Pitch	accurate notes and intonation	0-15	
Technique	correct articulations, attacks, releases	0-15	
Rhythm	steady tempo, accurate rhythm	0-15	
Interpretation	correct style, expressivity, nuance, phrasing	0-15	
Dynamics	use of full range, use of subtle changes	0-10	
Breathing	supported tone, logical phrasing	0-10	
Stage Presence	confidence, appearance, posture	0-5	
Total Points Given			

Pick **one category** from above (tone quality, pitch, etc.) and in the space below, briefly describe why you gave yourself the grade you did: